



## Moving Forward

- |   |                                 |   |                                  |
|---|---------------------------------|---|----------------------------------|
| 1. I continued to network and build relationships?                | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 2. I followed up with contacts in companies, organizations?       | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 3. I prepared for the interview: appearance, examples, questions? | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 4. I prepared for the interview: meals, sleep, energy, attitude?  | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 5. I interviewed effectively?                                     | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 6. I follow-up with hand-written thank you notes?                 | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 7. I managed rejections and learned from them?                    | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 8. I stayed in contact about options?                             | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 9. I reviewed offer letter carefully?                             | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 10. I negotiated salary and more?                                 | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 11. I continued to learn about the company/organization?          | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 12. Other:  | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |

## Getting to Work

- |   |                                 |   |                                  |
|---|---------------------------------|---|----------------------------------|
| 1. I continued to network and build relationships?                | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 2. I learned about the company/organization: vision, values, etc. | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 3. I learned about the company/organization: services?            | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 4. I learned about expectations – requirements for success?       | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 5. I performed the work and continued to learn?                   | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 6. I documented my accomplishments?                               | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 7. I celebrated my successes?                                     | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 8. I found other ways to contribute to the company/organization?  | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |
| 9. Other:   | <input type="checkbox"/> Got It | <input type="checkbox"/> Needs Refreshing | <input type="checkbox"/> Need It |

What conclusions do you draw on where you need to focus today or the next week or two?