

Community Resources*

* These phone numbers and websites are accurate as of December 2008. While we update them periodically, neither Congregation Or Ami and its Clergy/staff, nor Board Members or congregants can be held liable for their accuracy, functionality, responsiveness, or information/services provided. Congregation Or Ami provides this only for its information value and that does not suggest any endorsement of these agencies.

Crisis Hotlines*

Suicide Prevention

Los Angeles County

- Los Angeles County Department of Mental Health **(800) 854-7771**
<http://www.suicidehotlines.com/california.html>
The site also provides information about how to communicate with someone who may be considering suicide.
- Suicide Prevention Center: Didi Hirsch Community Mental Health Center
(310) 391-1253
Toll-Free in Los Angeles County **(877) 727-4747**
<http://www.suicidepreventioncenter.org/>

Ventura County

- Behavioral Health Crisis Team **(805) 652-6727**
<http://www.vchca.org/dos/Program.asp?ProgID=133>

National

- National Suicide Hotline **1-800-SUICIDE / 1-800-784-2433**
1-800-273-TALK / 1-800-273-8255
<http://www.suicidepreventionlifeline.org/>
- College Students
ULifeline
College Centers & Crisis Lines
<http://ulifeline.org/main/Home.html>

Los Angeles Crisis Hotlines: **24-Hour service unless stated**

Mental Health/Crisis Line	(800) 854-7771
Suicide Prevention Center	(213) 381-5111
Suicide Prevention Crisis Center	(310) 391-1253
Domestic Violence Hotline	(818) 505-0900
Assaults Against Women Hotline	(310) 392-8381
Women and Children Crisis Shelter	(818) 505-0900
Child Abuse Hotline	(800) 540-4000
Rape Treatment Center	(310) 319-4000
Alcoholics Anonymous	(213) 936-4343
Cocaine Anonymous	(310) 216-4444
Narcotics Anonymous	(909) 622-4274
California Youth Crisis Line	(800) 843-5200

National Crisis Hotlines

http://www.allaboutcounseling.com/crisis_hotlines.htm

http://www.angelfire.com/ab7/gift_of_many/hotline.html

Poison Control Center

National Capital Poison Control Center **(800) 222-1222**

<http://www.poison.org/>

California Poison Control System <http://www.calpoison.org/>